

Doctoral thesis – summary

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Topic: Efficiency in diagnostic, medicinal-therapeutic, and prophylactic actions concerning inmate health care in the Jastrzębie Zdrój Prison / prison.

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Despite the many different opinions on the health status, therapy, and prophylaxis concerning inmates that are circulating in the medical environment, I have decided to attempt to medically verify those beliefs. The aim of the research I designed and presented was to deepen the knowledge on the health status and medical care of inmates in the Jastrzębie Zdrój prison.

There is not much source literature on inmates' health status, ways of diagnosing them, treatment, and prophylaxis. Due to the complexity of the issue, the strategy of quantitative and qualitative research was adapted. In the project, the quantitative research allowed the occurrence, structure, and dynamics of disease severity or lack thereof in the case of people under penitentiary conditions to be determined. The study covered inmates at the Jastrzębie Zdrój prison in the years 2010-2013 who were diagnosed with various diseases, both while they were admitted and during their stay, as well as those who were implemented with prophylaxis and treatment under penitentiary conditions. The aim of the undertaken research was to describe the facts and phenomena, as well as healthcare processes in the examined institution, and to take into consideration the conditions under which those facts and phenomena occur. What is more, attempts were made to understand and interpret (also using the author's work experience) the researched phenomena and facts, while also predicting their development on the basis of statistics and numerical data. Some of the references used to diagnose the phenomenon of inmates' health were the abundant source materials, namely

“The Book of an Inmate’s Health” and “An Insert to the Book of a Convict (Temporarily Arrested)”, and interviews with the examined inmates. The source material concerns disease entities, ways of treating and diagnosing them, and prophylaxis. The practical aim of the research is to use the results to better inmate health care in the Jastrzębie Zdrój prison and other penitentiary institutions, as well as to develop a model of prophylaxis and health education – the “You Too Can Save Lives” programme related to prophylaxis and health education, rules and techniques regarding curative and therapeutic aids for ill inmates in penitentiary institutions.

In practise, the action taken should help better the work of medical staff and prison staff by introducing a new version of “The Book of an Inmate’s Health”. The outcomes of the research I have conducted for this doctoral thesis deepen the knowledge on diagnosis, treatment, therapy, and prophylaxis regarding inmate health care in prison.